

#



P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

Paper. Art Therapy. Letting Go. Self Actualization.

THANK YOU TO OUR SPONSORS



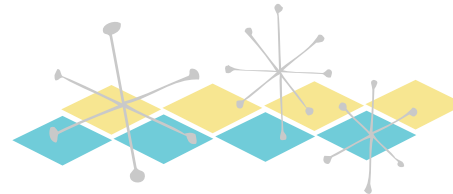
Leanne and Kevin Brusk

Michelle & Rick Mulhern

THANK YOU TO OUR SUPPORTERS

Akron Rubber Ducks
 Bark Box
 'Burgh Bits & Bites Food Tour
 Cent's Pizza + Goods
 Chick-fil-A
 Ted Christopher
 Sydney Clark
 Claudia Schiff
 Cleveland Cavaliers
 Cleveland MetroParks Zoo
 Cooper's Hawk
 Dewey's Pizza
 Sabreena & Billy DiGiovanni
 Edwin's
 Gervasi Vineyards
 Graeter's Ice Cream
 Holden Forests & Gardens
 House of LaRose
 Hyde Park
 Kendra Scott
 Megan Last

Let's Roam, LLC
 Amy & Dave Ligan
 Rick & Michelle Mulhern
 Mitchell's Ice Cream
 Music Box Supper Club
 Nothing Bundt Cakes
 Ohio Wines
 Oriental Trading Company
 Kim Ortiz
 Peter's Store for Men
 Petitti Garden Center
 Playground World
 PSE Credit Union
 Punderson Manor
 Rock & Roll Hall of Fame
 Claudia Schiff
 Rachel & David Silverman
 Brandie Smith
 Stan Hywet
 Texas Roadhouse
 Wild Flour Bakery



EVENT COMMITTEE

Thank you for your event support!

Rachel Allinder
 Sydney Clark
 Haley Meivogel
 Nina Morelli
 Kelsey Music
 Claudia Schiff
 Rachel Silverman

BOARD MEMBERS

We are grateful for your year-round support!

John Daher, BBA, Board President
 Nina Morelli, Board Treasurer
 Vito R. Giannola, J.D.
 Kelsey Music, MOD, SHRM-CP
 Rachel Silverman MSE, PMP

GAMING TONIGHT

Tonight, we have some great casino games and raffles!


You should have received a starter chip at registration, if you would like to purchase additional chips, you may do so by visiting registration at any point throughout the night. You can exchange each \$5 chip for 1 raffle ticket or buy more tickets at registration to be placed in the prize basket bags on tables. Remember to only turn in 1/2 and keep the other 1/2 of the ticket!

Gambling will officially end at 10:00pm, turn in your remaining chips for raffle tickets to enter into our Gambling Prize drawings.

Try your luck at our **Queen of Hearts Raffle or Joker Jackpot!** Each playing card is \$20 to buy in and the winner will take home half of the proceeds which will be \$520 (Queen of Hearts) and \$530 (Joker Jackpot)!

Stock up your bar with our **Booze Basket Shot Raffle** for \$10 each with only 35 sold. The winner will receive a variety of premium spirits!

Join our raffle which features a **Dinner for 6 at Edwin's with wine pairings and a kitchen tour** valued at \$1,000! Tickets will be \$20 each and only 52 will be sold.



Warm up your summer nights with a **Solo Stove Raffle**. Tickets are available for \$10 each with only 25 sold. Keep your ticket to exchange for a marshmallow. The winner will have a chocolate filled marshmallow.

We want you to have a great time, so please let us know if you have any questions.

Good luck!

P.A.L.S. for Healing

Proponent



This year, we would like to honor

Kelsey Music

We are so grateful for your time and amazing skills that you generously give to help P.A.L.S. for Healing.

She has served not only as our Board Treasurer and now our Board Secretary, but Kelsey has helped with every event, marketing and through social media.

Kelsey, thank you for spreading awareness of our mission,

and helping us *grow!*



GAMBLING PRIZE BASKETS

#1 LADY IN RED

Carry all of your essentials in this Kate Spade red, crossbody bag as your run errands or dress it up for a night out with the gold shoulder chain. Value: \$349

#2 SHARP DRESSED MAN

Enjoy a wardrobe upgrade with a \$200 gift card for Peter's Store for Men. Take your "manley" Stanley with you shopping and stop by Texas Roadhouse for dinner with a special someone! Value: \$285

#3 SPENDING MONEY

Time to go shopping with a fabulous new Cuyana Duo Zip Wallet made from Italian leather. It's filled with a \$50 gift card to be used anywhere from PSE Credit Union and a mug to enjoy. Value: \$290

#4 TREAT YO' SELF

You deserve something fabulous... or a few somethings! Spoil yourself with a Juliette pendant from Kendra Scott. Nothing Bundt Cakes will treat your sweet tooth with a 3 Bundtlet Tower for now AND a free bundtlet for a year card! Restore your body with a variety of Clevr SuperLattes and some aromatherapy for peace. Value: \$275

#5 LIFE'S A BEACH

Get ready for beach season with a Vera Bradley beach bag and towels. Have fun in the sun with ping pong paddles, outdoor jenga, a marshmallow shooter, and kite! Value: \$200

#6 MANOR GETAWAY

Take your significant other or someone special in your life for a getaway at Punderson Manor which sits on a 150-acre glacial lake with miles of beautiful trails surrounding it! This overnight stay is for two people in a manor room and includes breakfast. Value: \$225

#7 WINE NOT?

For the wine enthusiast...enjoy a wine themed basket along with \$20 in gift certificates to use throughout Gervasi Vineyards. There are also 4 adult wine sampler tickets to the Vintage Ohio Wine Festival on August 2nd & 3rd at Lake Metroparks Farmpark. Stop by Cooper's Hawk in Orange for a Lux Tasting for you and three friends! Value: \$300

#8 CLEVELAND ROCKS

Take in the best of Cleveland with 2 tickets to the Rock & Roll Hall of Fame and 4 tickets to the Cleveland Metroparks Zoo. Explore with a scavenger hunt from Let's Roam for two. Take in a live concert at Music Box Supper Club with a certificate for 6 tickets (up to \$100 value)! Bring a new Stanley cup with you, and treat yourself to lunch at Dewey's Pizza with a \$50 gift card and stop by for dessert at Wild Flour Bakery with a \$10 gift certificate. Value: \$355

#9 SPORTS ENTHUSIAST

Take me out to the ball game with 4 tickets to a regular season Akron Rubber Ducks baseball game! Show your Cleveland Cavalier's spirit with a Caris LeVert Autographed Hat and fan pack! Keep your gear in a D.A.R.E. backpack...soccer ball included! Value: \$200

#10 PITTSBURGH ROAD TRIP

Pack your car and take a tour of the City of Bridges, Pittsburgh, Pennsylvania. There is a \$100 gift card for a Burgh Bits and Bites Food Tour of your choice and follow it up with a Let's Roam scavenger hunt of the city. Fill this cooler with your road trip snacks and keep the kids busy with a sensory box. Once you get home, you'll be inspired to whip up a fabulous dinner with these tasty Italian products! Value: \$325

#11 WOOF!

Select the Bark Box that fits your dog just right! This certificate allows you to order a super chewer box customized for your best friend. Take your dog loving friend and furry friends on a scavenger hunt. Value: \$75

#12 WHY DID THE COW CROSS THE ROAD?

To get Chick-fil-A of course! This swag box includes some fun themed items along with 10 cards good for your choice of chicken biscuits or chick-n-minis. After breakfast, take your friends on a 10-person scavenger hunt from Let's Roam. Value: \$100



GAMBLING PRIZE BASKETS

#13 HAPPY BIRTHDAY!

Celebrate your little one's special day with a 2-hour weekend Birthday Party (on a mutually agreed upon date) at Playground World's Warrensville Heights or Avon locations! Select some decorations for the party with a \$25 gift certificate to Oriental Trading.
Value: \$475

#14 GREEN THUMB

For the garden lover, check out Stan Hywet's amazing gardens with two tickets to the mansion, stop by the Holden Arboretum or the Cleveland Botanical Gardens with four tickets, and finish your tour by stopping by Petitti Garden Centers to pick up something for your own yard with a \$25 gift card.
Value: \$150

#15 I SCREAM, YOU SCREAM... PLAYDATE!

Be the coolest parent when you host up to 10 kids for a 75-minute weekday playgroup at Playground World... perfect for those days off school when you need to keep your kids busy and treat them to Mitchell's Ice Cream after with a \$20 gift card!
Value: \$120

#16 WINE & DINE: HYDE PARK

Celebrate something special or just have a great night out with a \$100 Hyde Park certificate and bottle of wine.
Value: \$120

#17 WINE & DINE: LAO SZE CHUAN

Spice up date night by enjoying a \$100 gift card to Lao Sze Chuan featuring traditional Sichuan cuisine with high-quality ingredients and a bottle of wine.
Value: \$120

#18 WINE & DINE: RED THE STEAKHOUSE

Paint the town "Red" with a \$100 gift certificate to Red the Steakhouse and a bottle of wine.
Value: \$120

#19 WINE & DINE: KITCHEN SOCIAL

Feel like you're traveling the world with a variety of global cuisine with a \$100 gift card to Kitchen Social and a bottle of wine...we won't judge if you spend the whole gift card on their biscuits!
Value: \$120

#20 WINE & DINE: FIREBIRDS WOOD FIRED GRILL

Savor the flavor of open fire cooking with \$100 to Firebirds Grill and a bottle of wine.
Value: \$120

GAMBLING PRIZE BASKETS

#21 WINE & DINE: PINSTRIPES

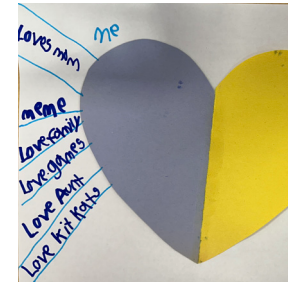
Connect with friends at Pinstripes bowling alley and bocce courts. Use your \$100 gift card to take a break with Italian/American bistro food and beverages. Bottle of wine included.
Value: \$120

#22 READY FOR SUMMER

Be ready for sunny summer days with two pairs of Oakley sunglasses and two Oakley hats. One for you and your friend that you'll bring on a scavenger hunt for two.
Value: \$250

#23 CENT'S PIZZA +GOODS

You haven't tried pizza until you've had the amazing food at Cent's in Ohio City! Sample their wood-fired dishes with a \$50 gift card, bottle of wine, and don't forget to bring in your Minnow Sardines tin and have them dress it up for you!
Value: \$117



Thanks to YOUR support tonight, our highly specialized trauma therapy team includes: Allison Bruska, AT, LPC, Tricia Kuivinen, SW, Ally McCarley, ATR, LPCC-S, Ilona Ponomariova, LPC, Misty Ramos, ATR, LPCC-S, ACTP, Executive Director, & Laura Serazin ATR, LPCC, ACTP.

We are honored to provide individual art therapy & trauma counseling for individuals suffering from grief and/or trauma at our three locations and in schools. School groups for grief and at-risk youth are part of the Cuyahoga Library's trauma-informed restorative program.

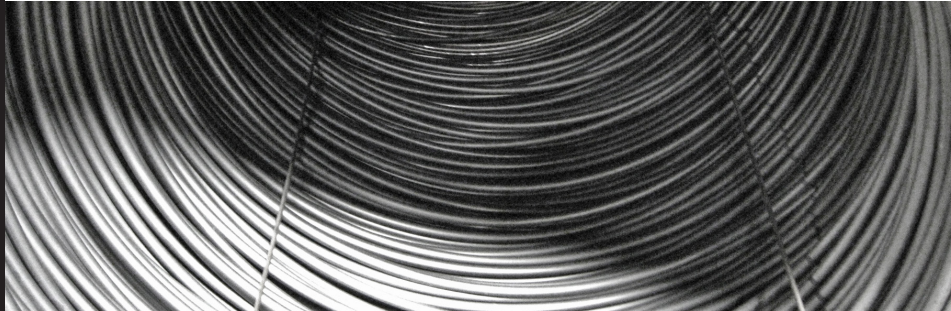
Our 2024-2025 support groups include: trauma-informed yoga and art therapy, grief groups offsite, and racial trauma groups.





**JADE-
STERLING
STEEL**

A proud supporter of P.A.L.S. for Healing & their mission of helping those affected by trauma and loss.



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Tradition & Passion

EDWINS Leadership & Restaurant Institute offers a unique approach at giving formerly incarcerated adults a foundation in the hospitality industry while providing a support network necessary for a successful reentry. EDWINS' goal is to enhance Cleveland's most vulnerable neighborhoods by helping to cultivate its future leaders.

**EDWINS
Restaurant**

**EDWINS
Bakery**

**EDWINS
Butcher
Shop**

**edwins
too**

Hit the JACKPOT

With Your Marketing Strategy!

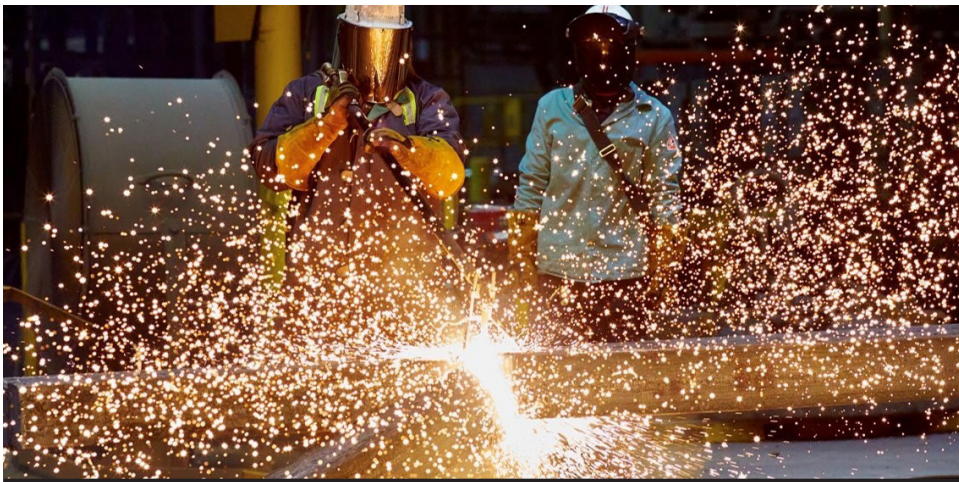
**WE HELP YOUR BUSINESS STAND
OUT BY TELLING YOUR STORY.**

Our advertising strategies include professional editorial feature stories that explain your business's most complex advantages to our educated readers.

Get Started Today!

**CONTACT TONYA PETO
330-814-3267 • TONYA@MIMIVANDERHAVEN.COM**





CHARTER STEEL

Who We Are

Charter Steel is an American supplier of special bar quality steel (SBQ) products to customers around the world. Our company was founded on the premise that the customer is the key ingredient in the steelmaking process. We melt, roll and process steel but, at our core, Charter Steel is a service business committed to continuously investing in the people and technologies that add value to our customers' products. We are one family and we succeed together. We are empowered, engaged, and care deeply about doing what is best for customers and for each other.

Spark Your Next Career With Us

Please visit our careers page at:
chartersteel.com/about/careers

Cleveland Office

4300 E 49th Street
Cuyahoga Heights, OH 44125



one open door can
open doors across a
community.

Our most important work happens outside the four walls of our bank. KeyBank gets involved, supporting people who make a difference and working with community-focused organizations through investments, philanthropy, and volunteering. We believe that together we can keep our communities full of hope, compassion, and opportunity, one open door at a time.

KeyBank thanks PALS for Healing for making a difference.

KeyBank 
Opens Doors.[®]

*A special thank you to Brent and the staff of
McCarthy's for helping make this event a success!*



Supporting the Mission

Jones Day proudly supports P.A.L.S. for Healing and its vision to empower individuals and families who have suffered trauma and/or loss to not only regain their lives but achieve their highest human potential.



2400 LAWYERS. 40 LOCATIONS. 5 CONTINENTS. ONE FIRM WORLDWIDE®. JONESDAY.COM



King Kreationz specializes in company artistic design, logo design, illustrations, wall murals and signage, fine art, and body art.

We strive to bring your creative and artistic vision to life, no matter what the canvas may be!

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*Desserts served this evening
are from:*
SWEETREV.COM





P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

Paper. Art Therapy. Letting Go. Self Actualization.

ABOUT US We are a nonprofit organization empowering individuals and families who have suffered trauma or loss to not only regain their lives but achieve their highest human potential.

OUR SERVICES

- Individual and family sessions including art therapy, EMDR, trauma informed yoga, Reiki, and other trauma informed therapies at one of our four locations
- Professional workshops/trainings for individuals & organizations
- School based therapy and support groups
- Art therapy support group services for youth
- Family support groups

YOUR SUPPORT MATTERS! IN 2023, WE:

- Provided \$133,470 in free/reduced services
- Helped 190 individual clients
- Held community events & trainings that reached 384 adults
- 75% of our clients are below the state poverty line
- Had 167 youth and adults attend support groups

OUR LOCATIONS

Summit One, 4700 Rockside Road, Suite 135, Independence

One Chagrin Highlands, 2000 Auburn Dr., Suite 200, Beachwood

24600 Center Ridge Road, King James Bldg 3, Suite 260, Westlake

(330) 518-8334 | palsforhealing.org