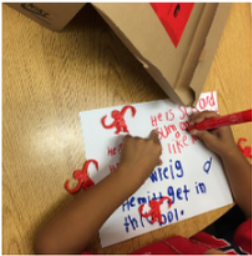


# Healing

## P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

# 2023 ANNUAL REPORT



**190**  
individual  
clients seen

**127 youth &  
40 adults**  
participated  
in workshops  
& groups

**In 2023, we worked with many amazing clients facing some of the toughest challenges in their lives. We are grateful to our supporters who donated to help us provide important therapy to those who would not be able to afford services.**

**This includes \$133,467.70 in adjusted or free services.**

**384**  
community  
professionals  
attended  
PALS led  
trainings

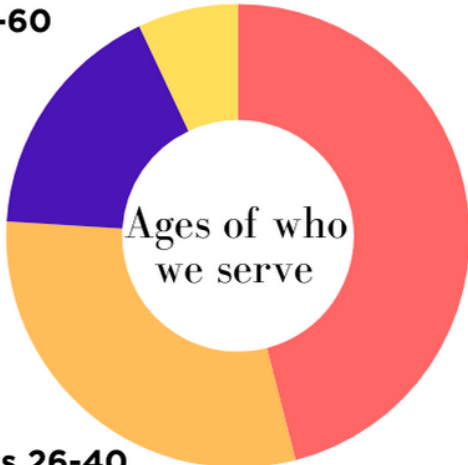
**48% of clients earn less than \$25,000 a year, with 75% of clients below the state poverty line**

### Special Thank You to Supporters

- Cuyahoga Arts and Culture
- Ohio Arts Council
- Freeman Foundation

- P.A.L.S. for Healing Contracts
- Cuyahoga County libraries, Lifebanc, School grief groups, School crisis team response

**Ages 41-60**  
17%



**Under 25**  
46%

**Ages 26-40**  
30%